

# CALL TO ACTION RESOURCE LIST



## BOOKS

### **Me and White Supremacy** by Layla F. Saad

"A bracing, highly useful tool for any discussion of combating racism." - Kirkus Review

*A 28-Day Challenge to Combat Racism, Change the World, and Become a Good Ancestor* leads readers through a journey of understanding their white privilege and participation in white supremacy, so that they can stop (often unconsciously) inflicting damage on black, indigenous and people of color, and in turn, help other white people do better, too. The book goes beyond the original workbook by adding more historical and cultural contexts, sharing moving stories and anecdotes, and includes expanded definitions, examples, and further resources.

### **So You Want to Talk about Race** by Ijeoma Oluol

Straight talk to blacks and whites about the realities of racism. After devoting most of the book to talking, Oluo finishes with a chapter on action and its urgency. A clear and candid contribution to an essential conversation.

### **Talking to Strangers: What We Should Know about the People We Don't Know** by Malcolm Gladwell

Malcolm Gladwell, host of the podcast *Revisionist History* and author of the #1 New York Times bestseller *Outliers*, offers a powerful examination of our interactions with strangers -- and why they often go wrong. Something is very wrong, Gladwell argues, with the tools and strategies we use to make sense of people we don't know. And because we don't know how to talk to strangers, we are inviting conflict and misunderstanding in ways that have a profound effect on our lives and our world



## MOVIES

**13th:** a Netflix documentary by Ava DuVernay

Filmmaker Ava DuVernay explores the history of racial inequality in the United States, focusing on the fact that the nation's prisons are disproportionately filled with African-Americans.

**Brené Brown: The Call to Courage** a Netflix documentary

With humor and empathy, Brené Brown discusses what it takes to choose courage over comfort in a culture defined by scarcity, fear and uncertainty.

**Hello, Privilege. It's Me, Chelsea:** a Netflix documentary by Chelsea Handler.

In this documentary, Chelsea Handler explores how white privilege impacts American culture -- and the ways it's benefited her own life and career.

**When They See Us:** a Netflix documentary by Ava DuVernay

This is a cautionary tale for some on the dangers of making the narrative match a racist agenda and insight into the fear of Black families across the country, and world—a four-episode depiction of what led to the wrongful 1990 conviction (and eventual exoneration in 2002) of a handful of teenage boys from Harlem in the violent rape and assault of 28-year-old New York banker Trisha Meili on April 19, 1989.

# Social Media

## **How to overcome our biases? Walk boldly toward them | Verna Myers**

TEDxBeaconStreet

[https://www.ted.com/talks/verna\\_myers\\_how\\_to\\_overcome\\_our\\_biases\\_walk\\_boldly\\_toward\\_them](https://www.ted.com/talks/verna_myers_how_to_overcome_our_biases_walk_boldly_toward_them)

Our biases can be dangerous, even deadly — as we've seen in the cases of Michael Brown in Ferguson, Missouri, and Eric Garner, in Staten Island, New York. Diversity advocate Vernā Myers looks closely at some of the subconscious attitudes we hold toward out-groups. She makes a plea to all people: Acknowledge your biases. Then move toward, not away from, the groups that make you uncomfortable. In a funny, impassioned, important talk, she shows us how.

## **How we can make racism a solvable problem — and improve policing** Dr. Phillip Atiba Goff TED2019

When we define racism as behaviors instead of feelings, we can measure it -- and transform it from an impossible problem into a solvable one, says justice scientist Dr. Phillip Atiba Goff. In an actionable talk, he shares his work at the Center for Policing Equity, an organization that helps police departments diagnose and track racial gaps in policing in order to eliminate them. Learn more about their data-driven approach -- and how you can get involved with the work that still needs to be done. (This ambitious plan is part of the Audacious Project, TED's initiative to inspire and fund global change.)

## **Let's get to the root of racial injustice | Megan Ming Francis | TEDxRainier**

<https://www.youtube.com/watch?v=-aCn72iXO9s>

In this inspiring and powerful talk, Megan Francis traces the root causes of our current racial climate to their core causes, debunking common misconceptions and calling out "fix-all" cures to a complex social problem

## **The path to ending systemic racism in the US | Dr. Phillip Atiba Goff, Rashad Robinson, Dr. Bernice King, Anthony D. Romero** TED2020

[https://www.ted.com/talks/dr\\_phillip\\_atiba\\_goff\\_rashad\\_robinson\\_dr\\_bernice\\_king\\_anthony\\_d\\_romero\\_the\\_path\\_to\\_ending\\_systemic\\_racism\\_in\\_the\\_us?referrer=playlist-talks\\_to\\_help\\_you\\_understand\\_r](https://www.ted.com/talks/dr_phillip_atiba_goff_rashad_robinson_dr_bernice_king_anthony_d_romero_the_path_to_ending_systemic_racism_in_the_us?referrer=playlist-talks_to_help_you_understand_r)

In a time of mourning and anger over the ongoing violence inflicted on Black communities by police in the US and the lack of accountability from national leadership, what is the path forward? Sharing urgent insights into this historic moment, Dr. Phillip Atiba Goff, Rashad Robinson, Dr. Bernice King and Anthony D. Romero discuss dismantling the systems of oppression and racism responsible for tragedies like the murders of Ahmaud Arbery, Breonna Taylor, George Floyd and far too many others -- and explore how the US can start to live up to its ideals. (This discussion, hosted by head of TED Chris Anderson and current affairs curator Whitney Pennington Rodgers, was recorded on June 3, 2020.)

## **The Urgency of Intersectionality | Kimberlé Crenshaw TEDWomen 2016**

[https://www.ted.com/talks/kimberle\\_crenshaw\\_the\\_urgency\\_of\\_intersectionality?language=en](https://www.ted.com/talks/kimberle_crenshaw_the_urgency_of_intersectionality?language=en)

Now more than ever, it's important to look boldly at the reality of race and gender bias -- and understand how the two can combine to create even more harm. Kimberlé Crenshaw uses the term "intersectionality" to describe this phenomenon; as she says, if you're standing in the path of multiple forms of exclusion, you're likely to get hit by both. In this moving talk, she calls on us to bear witness to this reality and speak up for victims of prejudice.

## **What it takes to be racially literate | Priya Vulchi and Winona Guo TEDWomen 2017**

[https://www.ted.com/talks/priya\\_vulchi\\_and\\_winona\\_guo\\_what\\_it\\_takes\\_to\\_be\\_racially\\_literate/up-next?referrer=playlist-talks\\_to\\_help\\_you\\_understand\\_r](https://www.ted.com/talks/priya_vulchi_and_winona_guo_what_it_takes_to_be_racially_literate/up-next?referrer=playlist-talks_to_help_you_understand_r)

Over the last year, Priya Vulchi and Winona Guo traveled to all 50 US states, collecting personal stories about race and intersectionality. Now they're on a mission to equip every American with the tools to understand, navigate and improve a world structured by racial division. In a dynamic talk, Vulchi and Guo pair the personal stories they've collected with research and statistics to reveal two fundamental gaps in our racial literacy -- and how we can overcome them.

## **World Wide Web (URLs)**

### **75 Things White People Can Do for Racial Justice by Corinne Shutak | 2017**

<https://medium.com/equality-includes-you/what-white-people-can-do-for-racial-justice-f2d18b0e0234>

Achieving racial justice is a marathon, not a sprint. Our work to fix what we broke and left broken isn't done until Black folks tell us it's done.

### **Five Charts that show what systemic racism looks like in Canada | Graham**

Slaughter - CTV News June 4, 2020 <https://www.ctvnews.ca/canada/five-charts-that-show-what-systemic-racism-looks-like-in-canada-1.4970352>

George Floyd's killing at the hands of police in Minneapolis and the ensuing wave of global protests have prompted many Canadians to take a deeper look at systemic racism, and national data reveals the stark racial divide in this country.

### **First, Listen. Then, Learn: Anti-Racism Resources for White People by Julia**

Wuench <https://www.forbes.com/sites/juliawuench/2020/06/02/first-listen-then-learn-anti-racism-resources-for-white-people/#2e26cdf916ee>

Posting a "black out photo" on social media for #blackouttuesday can be a well-intended expression of solidarity with the black community. It may even be an important first step for some who have yet to speak out about racism in America. However, at its worst, it may make certain white people feel like they've "checked a box" and "done enough." Not only that, overuse of the Black Lives Matter hashtag for black out photos results in "flooding the hashtag." These posts overshadow those containing useful information such as attorney contact information, organizations to donate to, and more.

## Honouring the Truth—Reconciling for the Future | July 2015

[http://trc.ca/assets/pdf/Calls\\_to\\_Action\\_English2.pdf](http://trc.ca/assets/pdf/Calls_to_Action_English2.pdf)

Canada's residential school system for Aboriginal children was an education system in name only for much of its existence. These residential schools were created for the purpose of separating Aboriginal children from their families, in order to minimize and weaken family ties and cultural linkages, and to indoctrinate children into a new culture—the culture of the legally dominant Euro-Christian Canadian society, led by Canada's first prime minister, Sir John A. Macdonald... The stories of that experience are sometimes difficult to accept as something that could have happened in a country such as Canada, which has long prided itself on being a bastion of democracy, peace, and kindness throughout the world. Children were abused, physically and sexually, and they died in the schools in numbers that would not have been tolerated in any school system anywhere in the country, or in the world.

This volume is a summary of the discussion and findings contained in the Commission's final multi-volume report.

### **How do We Rid Ourselves of Stereotypes** <https://blogs.hope.edu/getting-race-right/our-context-where-we-are/the-history-we-inhaled/how-do-we-rid-ourselves-of-stereotypes/>

Are we stuck? Are we slaves to stereotypes? Are they so omnipresent, so subtle, so powerful, that we have no choice but to follow where they lead? No. Not by any means. There are lots of things we can do. Educate yourself.

### **How to Be an Antiracist with Brené Brown and Ibram X. Kendi**

<https://podcasts.apple.com/us/podcast/unlocking-us-with-bren%C3%A9-brown/id1494350511>

I'm talking with professor Ibram Kendi, New York Times bestselling author of *How to Be an Antiracist* and the Director of the Antiracist Research and Policy Center at American University. We talk about racial disparities, policy, and equality, but we really focus on *How to Be an Antiracist*, which is a groundbreaking approach to understanding uprooting racism and inequality in our society and in ourselves.

### **If You're a White Woman and You're Uncomfortable Right Now, That's a Good Thing** by Liz Plank | May 27, 2020 <https://www.cosmopolitan.com/politics/a32688670/white-women-racism/>

We need to hold ourselves accountable. By virtue of being white in America, regardless of your gender, you have benefited from a legal, social, and political system soaked in anti-Blackness.

**It's Time for Barbershop Choruses to Become Vocally Anti-Racist** by Jo Sahlin  
<https://medium.com/@josahlin/its-time-for-barbershop-choruses-to-become-vocally-anti-racist-c0cb1395bf6b>

If your chapter hasn't done so already, now is the time to publicly support Black lives, denounce the structures of racial injustice, and commit to equity through anti-racism.

**Racism in Canada | Racism Timeline | British Columbia Teachers' Federation**  
<https://bctf.ca/uploadedFiles/Public/SocialJustice/Issues/Antiracism/RacismTimeline.pdf>

Historical and contemporary injustices challenge the narrative and identity of Canada as an inclusive, multicultural society

**Thunder Bay Police Services Board Investigation FINAL REPORT** Senator Murray Sinclair, Lead Investigator November 1, 2018 [https://slasto-tsapno.gov.on.ca/ocpc-ccop/wp-content/uploads/sites/5/2018/12/TBPSB\\_Investigation\\_Final\\_Report\\_-\\_EN-FINAL-1.pdf](https://slasto-tsapno.gov.on.ca/ocpc-ccop/wp-content/uploads/sites/5/2018/12/TBPSB_Investigation_Final_Report_-_EN-FINAL-1.pdf)

This document is the report of an investigation undertaken between July 21, 2017 and October 31, 2018 by the Honourable Senator Murray Sinclair regarding the Thunder Bay Police Services Board ("Report"). The Investigation was conducted in response to concerns raised by First Nations leaders from Nishnawbe Aski Nation, Grand Council Treaty 3 and the Rainy River First Nations regarding the Thunder Bay Police Services Board's ("Board") oversight of police services following a series of deaths and race-based violence against Indigenous peoples in Thunder Bay.

**The Unconscious Bias Project | 2017** <https://unconsciousbiasproject.org/evidence/how-does-ub-form/>

The Unconscious Bias Project brings creative, accessible, evidence-based solutions for unintentional bias to academic, technological, and governmental organizations and beyond. We sustain a welcoming home for inquisitive and creative minds and encourage a growth mindset, working by the motto, "0% Guilt, 100% Empowerment."

UBP nonprofit was co-founded by Dr. Linet Mera and Cat Adams in 2017. UBP was born out of our shared desire to help people live their dreams without the barriers of discrimination, intentional or unintentional. Together with our wonderful team we foster communities in our classrooms and workplaces that embrace diversity, actively champion equity, and truly embody inclusion.

**Understanding Race and Privilege | James Baldwin | National Association of School Psychologists 2016** <https://www.nasponline.org/resources-and-publications/resources-and-podcasts/diversity/social-justice/understanding-race-and-privilege>

Understanding and engaging in self-reflection and discussions about privilege is an essential step to addressing individual and systemic inequities in our society. We must be aware of and honest about our personal perspectives and how these may or may not contribute to biases that in turn may contribute, even unintentionally, to prejudice, inequity, isolation, poverty, and violence.

**What Is White Privilege, Really** by Cory Collins | 2018

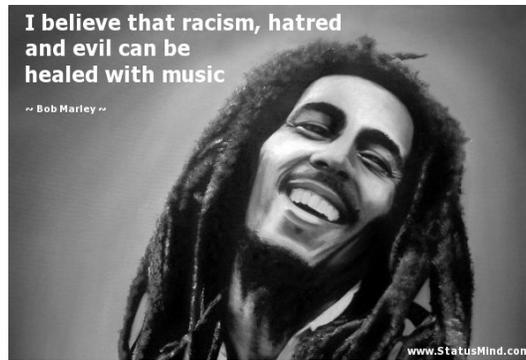
<https://www.tolerance.org/magazine/fall-2018/what-is-white-privilege-really>

Recognizing white privilege begins with truly understanding the term itself.

**When Feminism Is White Supremacy in Heels** by Rachel Elizabeth Cargle | 2018

<https://www.harpersbazaar.com/culture/politics/a22717725/what-is-toxic-white-feminism/>

From tone policing to whitesplaining, the liberal white women's feminism is more toxic than they realize.



## Music

**Birmingham Sunday by Richard Fariña** <https://www.youtube.com/watch?v=38eePIaEcFg>

**One Day by Matisyahu** <https://www.youtube.com/watch?v=WRmBChQjZPs>

**A Change Is Gonna Come | Sam Cooke** <https://www.youtube.com/watch?v=wEBlaMOmKV4>

**Blowing in the Wind** <https://www.youtube.com/watch?v=vWwgrijIMXA>

**Yes We Can by Will.i.am** <https://www.youtube.com/watch?v=2fZHou18Cdk>

**Say It Loud I'm Black and I'm Proud by James Brown**  
<https://www.youtube.com/watch?v=HhVugQqXDxc>

**Message by Tadros Brothers/ Frères Tadros**  
<https://www.youtube.com/watch?v=ol4GgI4e6o0>

**Give Peace a Chance by John Lennon** [https://www.youtube.com/watch?v=C3\\_0GqPvr4U](https://www.youtube.com/watch?v=C3_0GqPvr4U)

**We Are the World by Michael Jackson and Lionel Richie**  
<https://www.youtube.com/watch?v=9AjkUyX0rVw>

**Somewhere over the Rainbow (Israel "IZ" Kamakawiwo'ole version)**  
<https://www.youtube.com/watch?v=V1bFr2SWP1I>

**One Love by Bob Marley** <https://www.youtube.com/watch?v=vdB-8eLEW8g>

**Peace Train by Yusuf/Cat Stevens** [https://www.youtube.com/watch?v=vjUyM\\_xd6IA](https://www.youtube.com/watch?v=vjUyM_xd6IA)

**Imagine by John Lennon** <https://www.youtube.com/watch?v=YkgkThdzX-8>

**Tallahassee Symphony performs Thompson's "Seven Last Words of the Unarmed"**  
[https://www.youtube.com/watch?v=15k2MoIAuyc&feature=youtu.be&utm\\_campaign=COVID-19&utm\\_medium=email&hsmi=89161471&hsenc=p2ANqtz-DNuneZ25wrzwFLFvZgDvehWBC3neRIT2AbFb9-b1IpkRG8RbaVlfoF3ZDk1uVWOCr4YRqBa3cm6tVZAttTQcoa4Ibtg&utm\\_content=89161471&utm\\_source=hs\\_emailn](https://www.youtube.com/watch?v=15k2MoIAuyc&feature=youtu.be&utm_campaign=COVID-19&utm_medium=email&hsmi=89161471&hsenc=p2ANqtz-DNuneZ25wrzwFLFvZgDvehWBC3neRIT2AbFb9-b1IpkRG8RbaVlfoF3ZDk1uVWOCr4YRqBa3cm6tVZAttTQcoa4Ibtg&utm_content=89161471&utm_source=hs_emailn)